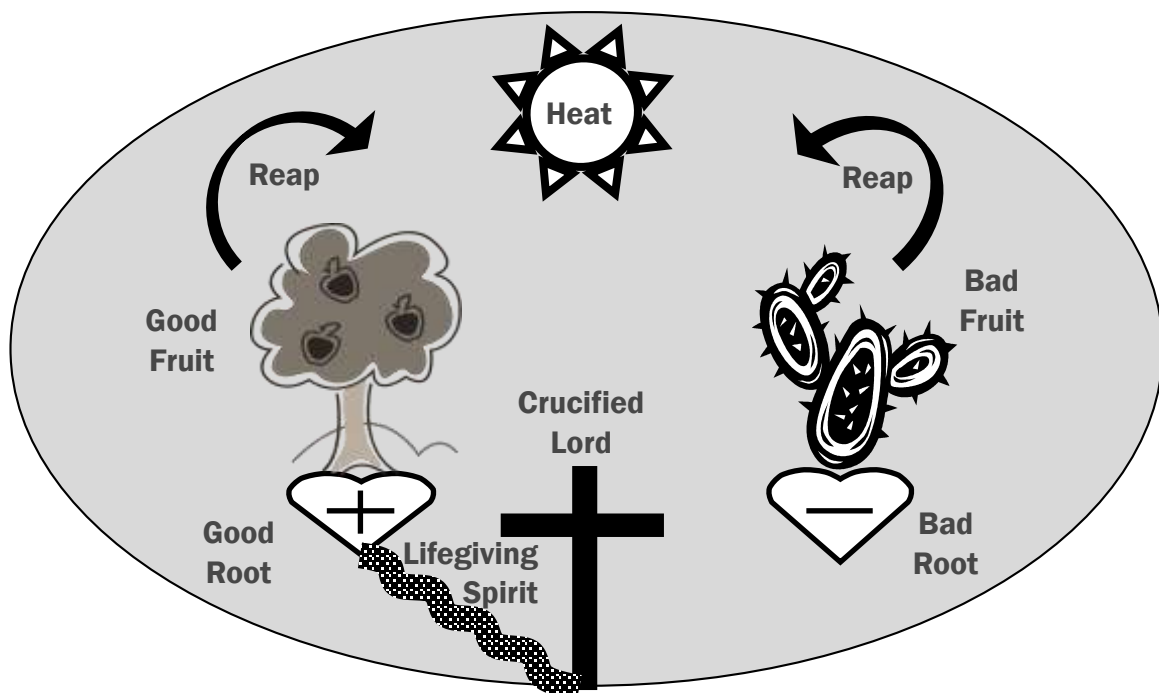


## Session 2: One truth, many ways to say it?

*'[Christ] is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ' (Colossians 1.28)*

*How do the here-and-now stories connect to God's long ago stories?... Consider one small but important part of the answer. Learning this had made a huge impact on how I love and counsel. In a nutshell, it is this: Connect one bit of Scripture to one bit of life. Always ask two questions of yourself and others: What is your current struggle? What about God in Christ connects to this? (David Powlison, Speaking truth in love)*

### Getting below the surface



## Discussion

How might you describe the motivational basis / bad root for Dave's sexual indiscretion at work?

## Some worked examples

1. Notice the direction of travel
2. Love well enough to say hard things
3. Why am I saying this?

## Some principles and practices

1. Listening well

2. Embodied and embedded
  
3. Speaking well
  
4. Using the bible
  
5. Some targets to aim for
  
6. The process of change

### Further Reading

- *Side by Side* by Ed Welch
- *The pastor and counseling* by Deepak Reju and Jeremy Pierre
- *Instruments in the Redeemer's Hands* by Paul Tripp (P&R Publishing 2002)
- *Puritan Resources for Biblical Counseling* by Tim Keller (<http://www.ccef.org/puritan-resources-biblical-counseling>)
- *Speaking the Truth in Love* by David Powlison (New Growth Press, 2005)